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By Tina Sundelius

CHARLEVOIX - According to French Nobel Prize winning author, journalist, and philosopher, Albert Camus, "Autumn is a second spring when every leaf is a flower" and here in Charlevoix County it's a perfect time to see the spectacular yellows, oranges and reds while exploring winding roads on the way to AppleFest. The 35th Annual Apple Festival and Craft Show will be happening along the waterfront in downtown Charlevoix this October 11-13.

The festival's focal point is the apple which is Michigan's largest and most valuable fruit crop. This year local growers have brought forth an abundant harvest and dozens of Northern Michigan orchards will be represented at the festival bringing with them more than 30 varieties of traditional and heirloom apples as well as cider, baked goods, honey, apple butter, maple syrup and other fall products like pumpkins, squash, mums and sunflowers. Along with the growers, over a hundred art and craft exhibitors will set up

Another opportunity to take in

Northern Michigan is coming this

weekend. Island Airways and the

East Jordan Rotary Club are once

rides over the South Arm of Lake

Charlevoix and the Jordan Valley

again offering scenic fall plane

area, aboard a twin engine air-

craft. The Fall Color Tour Plane

Rides will be departing from the

East Jordan Airport on M-32, Sat-

urday, October 12th from 10:00 AM

to 2:00 PM. The cost is \$20.00 per person. A rain date is set for Satur-

"Its a perspective on the fall color season that very few people

ways. "We hope we have timed it

right this year because it's breath

taking." The airline absorbs the

cost of the event with their pilots

The Rotary who's moto is "ser-

vice above self," uses the money to

mentoring program for young peo-

ple who are "on the edge." The in-

tent of STRIVE is to help at risk

young people to graduate from

gins at the middle school level.

high school. The mentorship be-

donating their time. The Rotary

Club receives \$5 for every ride

fund programs like STRIVE, a

get to enjoy," said Angela LeFeyre, President, Island Air-

day, October 19th.

purchased.

the beauty of the fall colors of

by Tina Sundelius

in East Park to show their talents and sell their wares and local non-profit organizations will be on hand to warm you up with hot food items such as chili, hot dogs, soup, frites, pasties, apple flappers, and kielbasa.

This family friendly event includes activities like face painting, pony rides, and a petting zoo hosted by the Charlevoix County 4-H and the sculptor in every family can compete in the 2nd annual pumpkin carving contest. Prizes are awarded to carvers and the pumpkins will be displayed in Bridge Park during the weekend.

For those looking to burn off stored energy from too many gourmet caramel apples, the Apple Fest Family Fun Run benefiting Charlevoix Kiwanis Youth Foundation begins Saturday morning with the 1 mile run starting at 9am and a 5k run/walk starting at 9:20am. The races will not be timed and there will be obstacles along the course intended to focus the event on fun. Interested

See Charlevoix Applefest—8A

Fall Color Tour Plane rides from East Jordan Airport

Boston Marathon bombing victims remembered

During the AppleFest take the opportunity to send a message to the families of the victims of the Boston Marathon bombing. Charlevoix has been honored to have been selected as one of the cities to be represented on the Prayer Canvas as it makes its way across America.

The Prayer Canvas is a grass-roots project to honor the Boston Marathon bombing victims and survivors, as well as the City of Boston. It is designed to show America's unity and humanity. It has been traveling across the US collecting well wishes from the public since May 2013 and will finish up its tour in February

The public is invited to write a prayer, message, symbol, name or paint a picture on the Charlevoix canvas which will be on display in the park during Apple Fest on Saturday and Sunday, October 12 & 13. The Prayer Canvas is intended to be a symbol of America...big cities, small towns....every walk of life. Every state will be represented. Once the tour has been completed, all of the canvases will be sewn together and at that point the Prayer Canvas is expected to grow to the size of a football field, if not bigger. It will be presented to the City of Boston on the anniversary of the bombings. Each victim will receive a mounted portion of the canvas and the remainder will hopefully hang in a city building as a memorial to the heroes and victims that were impacted that day. For more information on this initiative visit www.prayercanvasusa.com.



Scarecrows Across the Breezeway

By Tina Sundelius

The Scarecrows Across the Breezeway Business Contest in the East Jordan area will be judged on October 10 but the fun fall decorations will complement the beautiful northern Michigan autumn for the rest of the

There are two divisions to the contest, the business division and the nonprofit and residential division. Everyone must have their scarecrows completed by 10/9/13 and entries will be judged on Thursday, October 10,

The business division is sponsored by Northern Michigan Review, INC. and prizes for first and second places is a 1/4 page ad. Third place wins an EJ Poster Set.

Murray's Bar & Grill is sponsoring the non-profit and residential division. Cash prizes of \$50 for first place, \$30 for second place and \$20 for third will be awarded.

Although it is called scarecrows on the Breezeway the contest is open to all businesses, organizations, non-profit & residents in the communities of East Jordan, Ellsworth and Atwood who are excited about getting the communities decorated for fall.

Please print the appropriate form and drop it off at the Chamber Office or call 231-536-7351 by Oct. 9th for judging on Oct. 10th. Forms can be found online.



"Locally the Rotary's goals are to mold successful leaders of our community," said Debbie Manville, board member and past president of East Jordan Rotary. Other local programs the fundraiser has funded in the past include sending one ambitious student annually to a leadership conference. The club contacts the school in search of a junior or senior to participate in the Rotary statewide Life Leadership Conference. Also, the club's many scholarship programs which includes

the outbound exchange student sent abroad by the club each year. On the international level the funds have been invested in the clubs effort to eradicate polio. "Our students will become our future community leadership," said Manville. As far as the plane rides are concerned Manville takes advantage of a good thing, "It's amazing to be up in the sky and see how far you can see on a clear day it's totally awesome, she said.



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THURSDAY



HIGH: Low 70's



FRIDAY

HIGH: Low 70's LOW: Mid 40's LOW: Upper 40's



HIGH: Low 70's LOW: Low 50's



SUNDAY

HIGH: Mid 60's LOW: Mid 40's



MONDAY

HIGH: Mid 60's LOW: Mid 40's



HIGH: Upper 50's LOW: Mid 40's

record temps

)ay	Avg. High	Avg. Low	Record High	Record Low
10	63°F	39°F	84°F (1949)	23°F (1952)
11	62°F	39°F	82°F (2011)	22°F (1964)
12	62°F	39°F	82°F (2011)	26°F (1990)
13	61°F	39°F	83°F (1995)	24°F (1974)
14	61°F	38°F	82°F (1995)	24°F (2009)
15	60°F	38°F	83°F (1968)	26°F (1949)
16	60°F	38°F	82°F (1968)	22°F (1977)

Theola Elzinga, 88

Theola Elzinga of Atwood died Friday, Oct. 4, 2013, at Boulder Park Terrace in Charlevoix.

She was born March 7, 1925, in Banks Township, to Wesley and Hattie (Zylstra) Veenstra.

On Aug. 10, 1968, she married Henry A. "Hank" Elzinga in Atwood where they made their home. Hank died in 2005.

Theola taught first-grade at Ellsworth Community School for 20 years, retiring in 1985. She was a member of the Atwood Christian Reformed Church where she taught Sunday school for many years, led the Ladies' Bible Study, and played the organ. She was a member of the Ellsworth Lioness Club and served as chaplain for the district. She was also an avid bowler and enjoyed crocheting.

Surviving are her stepchildren, Rose Ann (Carl) Pott of Atwood and Bert Elzinga of Paw Paw; six step grandchildren; 15 step great-grandchildren; her sister, Wilma (George) Wiersema, of Jenison; sister-in-law, Ann Roak, of Holland; nieces and nephews. Besides her husband, Henry A. Elzinga, she was preceded in death by brothers, Paul Veenstra and Lambert Veenstra.

Friends may call 5-8 p.m. Friday, Oct. 11, at Hastings Funeral Home in Ellsworth.

The funeral service will be noon on Saturday, Oct. 12, at the Atwood Christian Reformed Church with the Rev. David Kroon officiating. Burial will be in Atwood Cemetery.

For those wishing to make memorial contributions the family suggests the Ellsworth Lioness Club.

The family was served by Hastings Funeral Home in Ellsworth; visit www.hastingsfuneral.com.

Harry G. 'Pete' Hammond, 89

Harry G. "Pete" Hammond of East Jordan died Saturday, Oct. 5, 2013, at McLaren Northern Michigan hospital in Petoskey.

He was born Nov. 1, 1923, in East Jordan, to Gaius and Dorothy (Wetterburne) Hammond.

On Sept. 15, 1950, he married Dorothy Saganek in Petoskey. They made their home in East Jordan.

Pete served his country in the U.S. Army during World War II.

He was employed at Dura in East Jordan until his retirement in 1968. He enjoyed hunting and fishing.

Surviving are his wife, Dorothy; children, Peter (Cathy) Hammond, Thomas Hammond, Jack (Lisa) Hammond and Jeffrey (Debra) Hammond, all of East Jordan; eight grandchildren, Mandy, Holly, Peter, Heather, Courtney, Kelli, Ashley and B.J.; nine great-grandchildren; brother, Bernard Hammond, of East Jordan; sister-in-law, Katherine Miller, of East Jordan; brother-in-law, Howard Zwiegle, of Grand Rapids; nieces and nephews. He was preceded in death by his sister, Parilee Zwiegle; brother and sister-in-law, Joe and Arlene Hammond; and sister-in-law, Bonnie Hammond.

No services are planned at this time. Arrangements were made by Hastings Funeral Home in Ellsworth. Visit hastingsfuneral.com.

For those wishing to make memorial contributions, the family suggests East Jordan Ambulance.

Sherman Vance Sirmons, 61

Sherman Vance Sirmons of East Jordan passed away Oct. 1, 2013. A celebration of life was held Monday. Oct. 7, at the Eagles in Boyne City.

Arrangements are being handled by the Stackus Funeral Home in Boyne City.

Ella Ruth Tousley, 85

Ella Ruth Tousley of Boyne City passed away Thursday, Oct. 3, 2013, at Grandvue Medical Care Facility.

A graveside service was Friday, Oct. 4, at Maple Lawn Cemetery in Boyne city. Stackus Funeral Home of Boyne City is serving the family.

Betty Louise Sprague, 64

Betty Louise Sprague of Harbor **Springs**

passed away Oct. 2, 2013, at her home. She was born Sept. 20, 1949, in Charlevoix, to Frank and



On Jan. 25, 2000, she married Alfred N.



She is survived by her husband; seven children, daughter Pauline Hobson (Jason) of Roscommon, son Paul Reinhardt of Boyne City, daughters Paulette Peters (Marc) of Boyne City, Pearl Bailey

OBITUARIES

of Boyne City, Piety Reinhardt of Gaylord, Peace Reinhardt of Petoskey, Polly Emma Brown (Earl) of Las Vegas. Also surviving are her 11 grandchildren and her many friends who will miss her. Betty was preceded in death by her par-

A funeral Mass was Monday, Oct. 7, at Holy Childhood of Jesus Church. The Rev. Joseph Graff was the celebrant.

In lieu of flowers, memorial donations are being recommended to be made to the family c/o Al Sprague, 903 Harrison, Harbor Springs, MI 49740; or envelopes will be available at the church.

Arrangements are being made through Schiller Funeral Home.

Online messages of condolence may be made at www.stonefuneralhomeinc.com.

Margaret Ellen (Houze) Wilson, 90

Margaret Ellen (Houze) Wilson of Charlevoix died Saturday, Sept. 28, 2013, at her home, with her loved ones.

She was born July 7, 1923, in Point Marion, Pa., to Noel and Pearl (Kincaid) Houze. She graduated from Point Marion High School, and attended business school at the West Virginia Career College in Morgantown, W.Va.

On Dec. 14, 1944, she married Woodrow B. Wilson in Long Beach, Calif. They moved to Charlevoix in 1963. After retiring from the military in 1968, they started the first Sears store in Charlevoix. Maggie also worked as an engineering secretary for Freedman Artcraft, and as a clerk at the Charlevoix City Hall.

She was a member of the Charlevoix Garden Club, and enjoyed playing bridge in several area bridge clubs.

Margaret is survived by her husband, Lt. Col. (Ret.) Woodrow B. Wilson; sons, Steven (Mary) Wilson, Jeffrey A. Wilson: daughters, Laureen (Gene) Brooks, and Moira Martinchek, all of Charlevoix; grandchildren, Jason L. (Kristin) Fettig, Maggie Drury, David C. Drury, Amy E. Martinchek and Angela J. Bingman; six great-grandchildren; brother, Noel (Vera) Houze, of New Geneva, Pa.; and numerous nieces and nephews. She was preceded in death by her grandson, Cory Rice, and four sisters, Noelene Packrone, Ruth Houze, Marie Rodgers and Thelma Graham.

An interment service is planned 1 p.m. Friday, Oct. 11, at Brookside Cemetery in Charlevoix

Memorial contributions may be made to Northwest Michigan Hospice, 220 W. Garfield, Charlevoix, MI 49720; or to the Charlevoix County Humane Society, 614 Beardsley St., Boyne City, MI 49712.

Sign Margaret's guestbook at www.winchesterfuneralhome.com.

Arthur Clute, 73

Arthur Clute went to Heaven to be with the love of his life on Sept. 30, 2013, surrounded by family.

Art was born on Oct. 24, 1939, in Boyne City, the son of Orville and Maggie Clute. He graduated from Boyne City

High School. He married Sally Burns in 1962 and the couple resided in the Boyne City countryside throughout their 47 years of marriage. Sally preceded his death on

April 1, 2009. After many years as owner of New Life Construction, Art opened Drumin Valley Custom Archery at their property on Old State Road; working side-by-side with his beloved wife, Sally. Art and Sally shared a deep passion for hunting and the outdoors. They both shared their talents as volunteers at Camp Quality. Their endearing love for each other was

obvious to everyone. He is survived by two sons, Art Jr. (Becky), and Jody (Marrijo), of Boyne Falls; two daughters, Nadja Putters (Tom) of Royal Oak and Nicole Fortune (Gary) of Boyne Falls; eight grandchildren; six great-grandchildren; two sisters, Ella Negri (Dominic) of Arizona, Sharon Mai (Mel) of Arizona; and one brother, Tim Clute, of Florida.

He was preceded in death by his parents; his loving wife, Sally; and grandson, Jacob.

A memorial gathering in his honor was on Saturday, Oct. 5.

In lieu of flowers, memorial donations can be made to Camp Quality, P.O. Box 345, Boyne City, MI 49712.

Charles Gordon 'Bud' Matthews, 93

Charles Gordon "Bud" Matthews of Charlevoix died Sunday, Sept. 29, 2013, at Boulder Park Terrace Nursing Home in Charlevoix.

He was born March 25, 1920, in Toronto, Ontario, Canada, to Charles Spurgeon and Jane (Gribben) Matthews. His family moved to the U.S. when he was 5, and he graduated from Farmington High School in 1938.

Bud became an American citizen upon joining the U.S. Army Air Corps in 1942. He served as a sergeant, and saw service in Luzon, New Guinea, Japan, the Bismarck Archipelago, and the liberation of the Philippines. He was honorably discharged in 1945.

On April 14, 1943, he married Ellen Aileen Washburn in El Paso, Texas. They made their home in Walled Lake where Bud worked as a lineman and in the construction department of Michigan Bell Telephone for more than 30 years. In 1972, the telephone company transferred Bud to Petoskey. In 1982, he retired and made his home in

Bud enjoyed hunting and passed on that love to all of his children. He recited "Old West Poetry," loved horseback riding and was a member of the Northwest Michigan Barrel Benders. He enjoyed barrel racing well into his 60s. Bud was a member of the Charlevoix County Sheriff's Office Mounted Auxiliary.

He is survived by his wife, Ellen, of Charlevoix; sons, Barry Matthews of Levering, Kerry (Sandra) Matthews of Flushing, Kim Matthews of Charlevoix; daughter, Judy (Mike) Wheat of Charlevoix; 10 grandchildren; 20 greatgrandchildren. Bud was preceded in death by his daughter-in-law, Terrie Ann Matthews.

Graveside service was Friday, Oct. 4, at Greenwood Cemetery in Petoskey.

Contributions may be made to Northwest Michigan Hospice, 220 W. Garfield, Charlevoix, MI 49720, or the Wounded Warrior Project, P.O. Box 785517, Topeka,

Sign Bud's guestbook at www.winchesterfuneralhome.com.

Sherman O. Thomas, 94

Sherman O. Thomas, 94, of East Jor-

dan died Tuesday, October 8, 2013, at the home of Lennie and Bill Gee in East Jordan.

He was born in the farmhouse in the Eveline Orchards near East Jordan on



dan High School. "Sherm", as he was fondly known, married Veronica "Peggy" Woodcock on June 30, 1940, in East Jordan. He served in the United States Army in the European Theatre during World War II. Peggy preceded him in death on April 23,

1983. He owned and operated Sherm's Pure Station in East Jordan along with AAA Wrecker Service from 1951 to 1961. In 1961, he became the manager of the East Jordan Co-op for the next 20 years. During those years, Sherm was a member of the East Jordan Rotary Club.

Sherm served 30 active years on the East Jordan Fire Department, 12 of those years as East Jordan's Fire Chief and 43 additional years as an honorary member of the East Jordan Fire Depart ment. He was a member for sixty-nine years of the Rebec-Hosler-Sweet Post #227 of the American Legion in East Jordan. Sherm was a member of the Fly Wheelers and the East Jordan Snowmobile Club. He was also a charter member of the Jordan River Action Group and through their efforts collected 15,000 cans and 140 bags of trash to date from the Jordan River. He was also a charter member of the Wild Scenic River Commission.

He was a very passionate and patriotic man who enjoyed ecology and helping people. "I think when God keeps us on this Earth to this age, it's to help others." (quote from Charlevoix County News on February 17, 2011)

Sherm is survived by two children, Lennie (Bill) Gee of East Jordan and Russell (Bonnie) Thomas of East Jordan; four grandchildren, Tinea (Versile) Spence, Troy (Cindy) Thomas, Robyn (Joe) Rebec and Shannon (Laurie) Gee; twelve great grandchildren, Tyler Spence, Lucas Spence, Rebecca Spence, Matthew Thomas, Nicholas Thomas, Sawyer Thomas, Ethan Thomas, Cody Gee, Shannen Gee, Lydia Gee, Keith Rebec and Cassie Rebec; three great great grandchildren, Zaiden Gee, Cameron Thomas and Connor Thomas; one sister, Evelyn Simpson of Owosso; and two dear dear friends, Arlene Barber and Tinker Breakey. Sherm was preceded in death by one sister, Pansy Thomas; two brothers, Gabriel "Bud" and Harold Thomas; and his second wife, Helen Thomas.

Funeral services will be held on Thursday, October 10, 2013, at 11:00 A.M. at the Penzien Funeral Homes, Inc. in East Jordan. Rev. Jennifer Saad, of the First Presbyterian Church in East Jordan, will officiate with military honors following at Sunset Hill Cemetery in East Jordan.

The family will receive friends on Wednesday day from 4:00 to 8:00 P.M. at the Penzien Funeral Homes, Inc. Memorials may be directed to the Rebec-Hosler-Sweet Post #227 of the American Legion or the Jordan River Action

Domestic violence: question it

Most people can define domestic violence, yet how many understand why it continues? It impacts millions of lives every year at a cost of more than \$8.3 billion, annually. Why do we allow it to persist—causing victims, bystanders in



Chris Krajewski, Ing VICtIMS, Domestic Abuse Program Director, Witnesses and Women's Resource Center of Northern

every community to suffer incalculable pain and loss? During October's National Domestic Violence Awareness Month, question it and continue to ask questions until we solve this global health problem of epidemic proportions.

Question it: ask the overarching

questions

What do you think contributes to one out of four women in the U.S. experiencing domestic abuse in her lifetime? How do you feel when you hear that

1.5 million high school students nationwide experience physical abuse from a dating partner in a single year? How can we prevent domestic vio-

lence which currently results in two million injuries annually, with three women killed every day by a current or former intimate partner? Question it: ask difficult questions

or those that reside along the fringes of the issue

What societal norms contribute to its existence and persistence? How can our community better sup-

port survivors? How can we act as role models for healthy, respectful, non-violent rela-

tionships? What conversations can we have with young people about the images and messages they see (TV, movies, magazines, video games, internet, advertisements, etc.) that demean, belittle and objectify women?

What is our community doing to

hold abusers accountable? Why is domestic violence one of the most chronically underreported

How are patriarchy, entitlement and gender inequality connected to the prevalence of domestic violence?

The Women's Resource Center of Northern Michigan (WRCNM) provides immediate and ongoing support, counseling and advocacy (medical, legal, financial, housing) to survivors of domestic abuse in Antrim, Charlevoix, Cheboygan, Emmet and Otsego counties. That support also includes a 24-hour crisis and information line and an emergency shelter for those seeking refuge

from abuse. The quote, below, is an excerpt from a letter written by a survivor that utilized WRCNM domestic abuse services. It sheds light on the impact of this crime and the hope of survivors to achieve a better, safer life for themselves and their children.

"I was a newly single mother with a two month old infant and two year old toddler. We escaped under great threats people only read about in books or see in movies. Not everyone escapes. We are some of the lucky ones.

"Domestic violence can happen to anyone. What makes the difference is that there is help available. The Women's Resource Center was there for me...they offered support in the form of counseling, they made sure I was safe from violence and that my children were safe...[they] were strong supporters of my personal educational goals.

"My journey has taken me five years. I now have an Associate's Degree in Nursing and am a Registered Nurse in the state of Michigan. Thank you from the bottom of my heart, thank you. YOU DO MAKE A DIFFERENCE.'

Question it: ask what we can do to create more survivor success stories until solutions to the pervasive crime of domestic violence are enacted.

If you have questions regarding domestic abuse or dating violence, contact the Women's Resource Center's 24-hour crisis and information line at (231) 347-0082 or (800) 275-1995 for long distance callers. The WRCNM is also available to speak with social, civic, faith-based groups, as well as schools and businesses.

Submitted by: Chris Krajewski, Domestic Abuse Program Director, Women's Resource Center of North-

News

Ellie Way is Apple Fest Shirt Design winner

Congratulations Elizabeth (Ellie) Way, winner of

the 35th Annual Charlevoix Apple Fest Shirt Design Competition sponsored by the Charlevoix Area Chamber of Commerce.



Ellie Way

in John Guirey's Charlevoix High School 2-D Design Class put their creative skills to the test to produce a variety of designs for the 2013 Annual Apple Fest shirts. A number of students entered the competition, but Ellie's design stood out from the rest.

Guirey states, "I think it is important for students to see how art is incorporated into our everyday life and plus it is always good to see the community support our student-artists.'

Ellie is a Junior at Charlevoix High School. She is a true Charlevoix native having been born and raised here and "loving it".

When asked what her favorite thing about Apple Fest is, she replied, "Apple Fest has been around since I was little so it has become a family tradition to go down and enjoy all of the fun things going on. My favorite part is hunting down the best caramel apple and enjoying every minute of

The Annual Charlevoix Apple Fest will take place downtown Charlevoix on October 11-13th. Be sure to stop at the Chamber Booth in East Park and pick up your beautifully designed 2013 Apple Fest shirt during the event. Festival hours are Friday & Saturday, 10am to 6pm and Sunday 10am to 4pm.

For more information contact the Charlevoix Chamber at 231.547.2101, or visit.

Holly Daze 2013

Charlevoix Area Hospital Foundation decks the halls for its annual holiday fundraiser

Fall is in the air but sounds of jingle bells are already ringing at the Charlevoix Area Hospital Foundation. The plans for Holly Daze 2013 are well underway and another great holiday event is in the making for Friday, December 6, 2013. The well-known Friday evening event will once again be hosted at charming Castle Farms with its popular silent and live auctions of amazing items.

This holiday tradition is a night you don't want to miss! This year's theme for the event, "Twas the Night before Christmas," will offer a fun and festive atmosphere and a wonderful way to kick off the holiday season!

Proceeds from this year's event will allow the Charlevoix Area Hospital to acquire the latest in imaging technology. This advancement will improve access to medical images, shortening the time for diagnosis and increasing the efficiency of the overall health care delivery process. Join the celebration in support of the Charlevoix Area Hospital -Hometown Health Care, World-Class Caring. Space is limited; please contact Faye Parrish at 231-547-8501 to purchase your tickets to Holly Daze, the holiday event of the season!

Charlevoix Area Hospital Foundation is a 501(c)(3) non-profit organization working to raise and manage funds to benefit the Charlevoix Area Hospital. For more information about the Charlevoix Area Hospital and Foundation please visit www.cah.org.

VETERAN OF THE MONTH

The Veteran of the Month for October 2013 is Vern Leroy Hilliker.

orn on Sept. 9th, 1929 in Muskegon, Mich., Hilliker attended school in Ann Arbor, Mich., while living with his sister, and in 1943, after completing the 9th grade, he left school going to work as sales clerk. On Feb. 11th, 1946 Hilliker, after fabricating his age, enlisted in the Army entering into active duty in Detroit, Mich. and following basic training he was reassigned to the Army Air Force and departed the USA on Sept. 5th, 1946 arriving in The Pacific Theater of Operations on Sept. 22nd, 1946, on the island of Guam, and was assigned to The Communications Squadron. 307th Air Base Group. On Dec. 12th, 1946 Hilliker was promoted to the Noncommissioned Officer Grade of Corporal and was Temporary Duty assigned to attend The Army Airways Communications Systems School, at Fort Meade, Maryland, graduating on March 14th, 1947 as a Radio Operator capable of operating ground transmitting and receiving equipment, sending and receiving messages using letters and tone or light and numerals of international code. On Aug. 25th, 1947 Hilliker was TDY to attend The Army Security Communications School, at Fort Meade, Maryland, graduating on Dec. 22nd, 1947 as a Radio Repairman. On Feb. 1 st, 1948 Hilliker was promoted to Sergeant and on Aug. 13th, 1948 he departed the Pacific Theater of Operations arriving in

the USA on Aug. 26th, 1948 and was reassigned to MacDill Air Force Base, Florida. On Dec. 13th, 1948 Hilliker qualified as a Marksman with the 30-caliber M1 Carbine rifle and on Feb. 13th, 1949, at the Separation Center, MacDill Air Force Base, he received an Honorable Discharge and was awarded the following decorations and citations: World War II Victory Medal and Army Occupation Medal (Japan). Returning to Michigan Hilliker married his first wife Eleanor in February of 1949 making their home in Hastings, Mich, and going to work for the E.W. Bliss Company, a builder of manufacturing equipment, working as a trouble shooter until retiring in 1974. Hillker then moved to California working for a fire extinguisher company in their warehouse until 1984 when he returned to Michigan going to work for Fun Time Amusements. In 1986 he moved to East Jordan. Mich. going to work for Brunett Foods retiring on Sept. 9th, 1991. On Sept. 1st, 1995 Hillker married Norma Jeanne (Everett) Watros in

Charlevoix, Mich., making their home in East Jordan, and enjoyed fishing, hunting, wood working, traveling, dining out, singing with several barbershop quartets and socializing with friends at the local pub. On Jan. 31st, 2013 Vern Leroy Hillker answered the final call and is being honored by his wife Norma and his fam-To honor a veteran, call the program chairman at (231) 588-6067 or on Tuesdays call (231) 582-7811 between 3:30-8:30 p.m. The ceremonv may be witnessed on the first Thursday of each month in front of The American Le-

gion Post located on the corner of South Lake and Main streets in Boyne City, Mich. at 6:15 p.m.

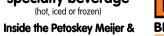


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Take Time to Sharpen the Saw

I've cut some wood before, but for the first time I'm learning to cut enough wood for the winter. We just purchased a home with a



PASTOR JAMIE WOODALL

wood-burning stove. We are all about saving money. One thing that has made all the difference is sharpening the saw. The chain of a chainsaw has little cutting teeth that bite into the wood in order to get the job done. However after 5-10 hours of labor the saw begins to take much longer cutting through the tree. It's time to sharpen the saw. I take the chainsaw arm off. Put it in the vice-grip, grab my file, and begin to sharpen each saw-tooth.

Each one of us has an optimum level of productivity. It's great when we are working at our highest level to perform tasks at work, at home, or in relationships with others. However there are times when we can feel weary, discouraged, and even burned out. Most likely it's because we haven't taken time to "sharpen the saw". Sharpening the saw can mean resting, or reading for enrichment. It can mean doing something you really enjoy that's away from your normal work pattern.

In the Scriptures God required the nation of Israel to take a Sabbath. It was one day of a 7-day work week to rest, worship, and be renewed. In the gospel's we see Jesus going away to rest and recharge in solitude and

However in our busy chaotic culture requiring so much of our time, how do we actually do this? Here are some points I need to continually strive to practice especially in extremely busy

Take a day off and guard it. If necessary, appropriately communicate to others when your day off is. I take

Friday's off for rest, reading, home projects because I enjoy them, and family time. If you are inundated with "have-to" errands or activities on that day then block off at least 2-4 hours to get away and fill-up.

2. "Go dark" at least once a year. This means to simply get-away from it all. This includes vacating for a week or longer. Practicing this will help you take a big step back away from the trees, and evaluate the forest your currently in.

Don't feel pressure to return emails immediately. With smart phones, and other technology at our fingertips we're tempted to become consistently distracted from a current project or person in order to return a call. or an email. Mark out a time to respond to all of those who contact you, rather than doing it at dinner-time.

Plan at least one night a week for a date night or family night. This would be a time for fun. This includes laughing, goofing off, jumping around, or doing some crazy activity with those you love and enjoy. Dessert with your spouse, pumpkins, family dance competition, geocaching (a blast), bike ride, cold jump in the lake, oldfashion card games, etc.

Be willing to say no. We are the ones in control of our schedules. Fight the tyranny of the urgent. Most often we can feel obligated, when our gut tells us we should be somewhere else at a particular time.

When we are burned out, tired, discouraged, and overstressed then we are no good to anyone. Our engine needs to be refueled. Take time to sharpen the saw.

Jamie Woodall is the pastor of Genesis Church in Boyne City that meets 11am Sundays at the Boyne City Elementary School cafeteria. Genesis Petoskey meets at Petoskey Middle School auditorium at 9:30am.

Paws of Thunder



Weinerdogs, Red and Rusty tore up the track while excited onlookers cheered at Charlevoix's Oktoberfest with Rusty winning by a nose. The Fall Extravaganza was held Saturday September 28th on Mason Street starting atnoon and lasted into the evening. It was a family friendly fall party which included food and beverage booths, music, kids games, adult games and the famous Wiener Dog Parade and Races. Area non-profit Organizations and Clubs operated most of the food, beverage and game booths at the event.

East Jordan Christmas Village



The East Jordan Lions Club is organizing its second Christmas Village in the East Jordan Tourist Park starting Dec. 5, 2013 and running through January 5, 2014. We are inviting area churches, schools, businesses, clubs, organizations and families to participate and decorate a site in the park with appropriate Christmas decorations. Free electrical service is available at each site. The Christmas Village will open on Thursday, December 5th and you may visit with Santa Claus in the Log Building Saturday, Dec. 14, 5-7pm, where hot chocolate and cookies will be served. Applications for a site are available from any Lions Club member, the EJ Chamber office, or you may call Jeff Argetsinger at 582-2770.

CHX. COUNTY SHERIFFS DEPT.

SEPT 30 thru October 6, 2013
911 Hang Up Call2
Abandoned Vehicle3
Abuse0
Alarm4
Animal Complaint14
Annoyance0
Assault0
Assist Citizen2
Assist Motorist4
Assist Other Agency6
Attempt to Locate1
Attempted Suicide1
Bank Alarm0
Boating Accident0
Boating Violation0
Breaking & Entering1
Car/Deer Accident8
Citations Issued9
Civil Complaint9
Criminal Sexual Conduct0
Death0
Disorderly Person0
Disturbance1
DNR Complaint0
Domestic Dispute1
Driving Complaint4
Fireworks Complaint0
Found Property1
Fraud1
Health & Safety1
Hit & Run3
Intoxicated Person2

Larceny5 Lockout.....8 Lost Property0 Malicious Destruction of Property2 Mental Subject.....0 Minor In Possession0 Miscellaneous Criminal.....0 Missing Person0 Noise Complaint1 Operating Under the Influence0 Paper Service11 Parking Violation.....0 Personal Injury Accident.....0 Personal Protection Order0 Private Property Accident.....1 Property Check.....23 Property Damage Accident.....2 Prowler.....0 Road Hazard.....8 Stalking.....0 Suspicious Situation.....15 Threat.....1 Traffic Stop......38 Trespassing......0 Unknown Accident0 Unlawful Driving Away of Automobile.....1 Vehicle in the Ditch2 Violation of Controlled Substance Act2

BOYNE CITY POLICE DEPT.

Monday, September 23, 2013 1:45am Found bike on N Lake St

9:12am Civil complaint in the 500 block of N Lake St 1:53pm Report of lost cell phone 1:58pm Assist Sheriff Dept on Fall Park

5:38pm Natural death reported in the 200 block of Silver St

9:07pm ..Motorist assist on E Michigan

Tuesday, September 24, 2013 12:07am Assist to Emmet Co Sheriff Dept in the 200 block of Vogel St

3:25am Car deer accident on State near Taylor

9:00am Report of stolen i Pad 1:39pm Report of 2 young children

unattended at the playground 1:40pm Assist Sheriff Dept with

suspicious subject on M-75 S 1:52pm Assist Sheriff Dept with vehicle unlock on M-75 S

2:53pm Report of dog running at large in the 300 block of E Division St

3:17pm Assist Sheriff Dept in the 500 block of N Lake St 3:40pm Subject threatening suicide in

the 200 block of Vogel St 5:27pm Civil complaint from the 500

block of Bay St 6:28pm Report of Bay St being blocked 8:26pm Vehicle unlock in the 400 block of N Lake St

10:20pm Request for civil standby in the 200 block of Vogel St

Wednesday, September 25, 2013 6:15pm Juvenile complaint in the 100

block of N Park St

7:33pm Suspicious activity in the 300 block of E Division St 7:46pm Retail fraud and possession of

controlled substance in the 400 block of N

8:37pm Suspicious activity in the 700 block of Vogel St

9:13pm Fireworks complaint in the

9:23pm Single vehicle accident in the 800 block of N Lake St

10:28pm Disturbance reported in the

400 block of E Lincoln Av Thursday, September 26, 2013

6:45am Private property dam age accident in the 400 block of N Lake St

10:43am Suspicious vehicle in the area of Jefferson and Clark Streets 12:00pm Report of lost cell phone from

1:23pmArrest subject for DWLS 1:23pm Report of missing subject from the 1000 block of Boyne Av

3:15pm 2 vehicle property dam age accident on Boyne Av near Beardsley 9:20pm Illegal entry reported in the 1000 block of Lakeview

Friday, September 27, 2013

8:20am Report of lost box of miscellaneous items

10:30am Report of someone ringing doorbell during the middle of the night in the 600 block of Forest Park Ln

1:55pm Report of violation of sign

ordinance at E Main and Boyne Av

3:10pmAssist EMS on W Water St 3:50pm 2 closed account checks received from the 400 block of N Lake St

4:00pm Salvage vehicle inspection in the 300 block of N Lake St 6:37pm Citation issued for speed at

Division and Parks St 9:43pm Citation issued for violation of

GDL at Boyne Av and Lincoln

9:59pm Report of dog running at large in the 300 block of E Division St

10:22pm Report of someone knocking on door in the 1000 block of Roosevelt St 11:25pm Domestic dispute in the 300

block of Vogel St Saturday, September 28, 2013

8:30am Found wallet turned in. Owner

9:00pm Found wallet turned in. Returned to owner

5:10pm Report of large am ount of bees in the 200 block of S Lake St

10:17pm Report of someone knocking on door in the 1000 block of Roosevelt St 11:57pm Vehicle unlock in the 100 block of S Lake St

Sunday, September 29, 2013

1:42pm Animal and harassment complaint in the 700 block of Line St 2:30pm Loud buzzing coming from transformer at Avalanche Mt. Consumers





231.350.3917 / 231.588.6369



Education

Student of the Week

Boyne Falls Elementary

Isaiah Whennen



GRADE: 2

PARENTS: Alice & David Whennen

FAVORITE BOOK: I enjoy books with poems.

HOBBIES & INTERESTS: I like playing soccer.

WHAT DO YOU WANT TO BE WHEN YOU GROW UP?:

When I grow up, I would like to be a police officer so I can stop crime.

STAFF COMMENTS

Isaiah always comes to school with a smile and a positive attitude. He exhibits qualities of being a good friend to classmates. Isaiah strives to do his best at all times. Congratulations on this well-deserved honor of being 'Student of the Week'! (Ms. Disney)





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VOLUME 5, ISSUE 17

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Come Read along with "Woolbur" at the Charlevoix Public Library

The Charlevoix Public Library is pleased to announce our special programs for toddlers and children during the 2013 Michigan Reads! event. Michigan Reads! is an annual early literacy program focused on a featured book. For 2013, it is "Woolbur" by Michigan author Leslie Helakoski.

The Charlevoix Library is offering events leading up to an author visit October 16: story hour for birth to five year olds is held every Thursday at 10:30 a.m. and Saturday Play Group will be October 12, 10:30 a.m. Then, 10:30 a.m., Wednesday, October 16, Leslie Helakoski, will read and sign her books at the library.

The Michigan Reads! program is modeled after the "One Book, One Community" concept and is designed to emphasize the importance of shared reading practices with babies, toddlers, preschoolers, and young school-aged children. These practices set the stage for fluent reading achievement in children as they enter school. We at the Charlevoix Public Library strive to support our children's success through our programs, states Chil-





Michigan Author Leslie Helakoski will be reading and signing her book "Woolbur" Wednesday, October 16 at the Charlevoix Library as part of the 2013 Michigan Reads! event. COURTESY

dren's Services Supervisor, Audrey Shapiro.

In "Woolbur", the pages of the book are full of movement and activity as a lamb named Woolbur finds creative ways to go about his day. When Woolbur is asked to do things, he finds original ways to accomplish everyday tasks and shares his ideas with others. The story, the language, the joyfulness of Woolbur's actions, and the wonderful illustrations all come together to make "Woolbur" a "go to" book for both children and older readers as they learn how to go about their own day. Focusing on the importance of reading to young children,

author Leslie Helakoski said "I was heavily influenced by the books that were read to me when I was young. I still am. It's an honor to be part of this pro-

ONLINE AT WWW.CHARLEVOIXCOUNTYNEWS.COM

A program of the Library of Michigan in partnership with the Library of Michi-

Foundation, "Michigan Reads!" recognizes the importance of early literacy and the value of libraries in

providing quality books, programs and services to children and families in Michigan. These books and services provide a foundation for literacy, enabling future school success. Michigan Reads! is sponsored by Target, with additional contributions from the Library of Michigan Foundation, and HarperCollins Publishers. More information about "Michigan Reads!" including dates and locations of author visits and materials for parents, teachers and caregivers is available at www.michigan.gov/michiganreads.

Library celebrates Teen Read Week

Charlevoix Public Library will celebrate Teen Read WeekTM (October 13-19, 2013) with a special book give away, encouraging teens around the area to read for the fun of it. Thousands of libraries. schools and bookstores across the country will hold similar events centered on this year's theme, Seek the Unknown @ your library, which dares teens to read for the fun of it.

Teen Read Week is a time to celebrate reading for fun while encouraging teens to take advantage of reading in all its forms -books, magazines, e-books, audio books and more! It is also a great opportunity to encourage teens to become regular library users. The Charlevoix Public Library will be giving away teen books throughout the week to teens caught "seeking the unknown."

In recent years, many families have had to adapt to make do with less as a result of the economy. As many have learned unsurprisingly, the library is a great place to start. "Teen Read WeekTM is a great opportunity to educate teens and their families about all the free services the library can offer while also encouraging teens to explore all the different resources and services it provides.

Strong reading skills are more critical than ever because it can translate into better performance at school. This is why it is important to show them that reading is a fun and relaxing activity they can do for free.

Parents of teens are encouraged to celebrate Teen Read Week™ at home, as well. The Charlevoix Public Library offers these ideas:

Visit the library with your teen to attend a program or to check out books.

Set aside time each night for the family to read.

Give books or magazine subscriptions to your teen as a gift or reward.

Share your favorite book with your teen.

Go online with your teen to learn about new books or authors. A good place to start is YALSA's Booklists and Book Awards page,

www.ala.org/yalsa/booklists.

Teen Read WeekTM is a national adolescent literacy initiative created by the Young Adult Library Services Association (YALSA), a division of the American Library Association. It is held annually during the third week of October. For more information, visit www.ala.org/teenread or visit your local library at www.charlevoixlibrary.org.

24/7 Tobacco-Free



Left: Susan Pulaski (Community Health Coordinator, Health Department of Northwest Michigan) and Maureen Radke from the Charlevoix County Community Foundation stand under the new 24/7 Tobacco-Free sign posted at East Jordan High School. The Charlevoix County Community Foundation recently awarded funding to the Health Department to purchase signs for all the schools in Charlevoix County that have adopted comprehensive 24/7 tobacco-free policies. These policies prohibit the use of all types of tobacco and non-tobacco nicotine products in school buildings and on school grounds at all times, and at any on or off-campus school sponsored event, including athletic events. Signage is an important way to educate the students, parents and community members about the policy change.

Grandparents group to address school topics

On Monday, October 28, the Grandparents Raising Grandchildren group, which meets from 6:00 to 7:30 p.m. at the Petoskey Friendship Center on Anderson Rd., will host guest speaker Lynn Slanec, Director of Teaching and Learning with the Petoskey Public Schools. Ms. Slanec will address a list of concerns submitted by the group related to helping their grandchildren adapt and thrive in school settings.

The public is welcome to attend this informative meeting.

The group, which has been meeting since 2008, consists of grandparents and other relatives who are full-time caregivers for their grandchildren. Speakers from a variety of community organizations are tapped to present helpful information for the group at their monthly meetings (fourth Mondays of each month, January through November). Members also benefit from sharing their experiences. Childcare is offered during the meetings by reservation; reservations can be made by calling (231) 347-3211 or (888) 347-0369, extension 29, or by email: . Grandparents Raising Grandchildren is a program of Friendship Centers of Emmet County, Council on Aging.





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News

National trainer examines complexities of sexual assault

Sexual assault cases are by far the most complex that law enforcement will encounter according to Thomas Tremblay who provided training on the topic at North Central Michigan College. Police and probation officers, prosecutors, domestic violence advocates and allied professionals from throughout Michigan attended the day-long training to gain a better understanding of the key barriers to advancing sexual violence investigations and how offender behaviors can help guide criminal investiga-

Sexual assault is prevalent; 1 in 5 women have been raped in their lifetime and 1 in 4 college women will be a victim of attempted or actual sexual assault during college. However, Tremblay emphasized those numbers may be much greater because only 16% of sexual assaults are reported.

Survivors may choose to not report this crime for reasons such as myths and misconceptions about sexual assault and rape and societal views that blame the victim instead of focusing on the perpetrator.

Tremblay, who has a distinguished thirty year policing career, has been a passionate leader for the prevention of domestic and sexual violence. He emphasized the need to understand the complexities of sexual assault by learning from survivors.

"Victims and survivors taught me so much about this crime; listening to their experiences will help us respond to this crime," Tremblay told the audience. He also learned how to respond to and thoroughly investigate this crime from sexual assault offenders who he said are the most manipulative of anyone law enforcement will encounter stat-

ing, "They manipulate victims, families, police and the community." Tremblay advised police officers to also rely on advocates who work with survivors and prosecutors to gain a full understanding of this crime.

The neurobiology of trauma was also explored to help understand why a rape victim might freeze instead of fight. The concept of submission versus consent was also discussed with respect to chemical reactions in the brain that occur naturally when humans experience a threat to their physical being or survival during traumatic events. Victims may experience a syndrome known as "frozen fright", becoming emotionally numb due to violence, rendering them unable to move, scream or

These complexities and the myths and misconceptions about

sexual assault impact the pursuit of justice in sexual assault cases, according to Tremblay. To be more effective, law enforcement must focus investigative efforts on the offender, not the victim and continue their investigation even after the arrest. "Police have to help prosecutors get to 'beyond a reasonable doubt' in an effort to hold offenders accountable," said Tremblay.

Tremblay is a national trainer and advisor promoting improved victim services; multi-disciplinary response and investigations; greater offender accountability; and the importance of leadership, policy and training to help end violence against women crimes. He is a faculty member of the International Association of Chiefs of Police National Law Enforcement Leadership Institute on Violence Against Women and is an

associate for Margolis Healy & Associates. In 2008 Tom was appointed by Vermont Governor James Douglas to serve a three year term as Public Safety Commissioner for the State of Vermont. Tom was Chief of Police for five years in the city of Burlington, Vermont prior to his appointment as Commissioner.

This training project was supported by grants awarded by the Office on Violence Against Women, U.S. Department of Justice. The training was sponsored by the Emmet County Prosecutor's Office, Michigan Domestic and Sexual Violence Prevention and Treatment Board, Michigan Commission on Law Enforcement Standards, Prosecuting Attorney's Association of Michigan, Michigan Association of Chiefs of Police and Michigan Sheriffs' Association.

Good Samaritan Furniture & More offers quality finds in downtown Ellsworth

By Jim Akans

"Our inventory at the Furniture & More showroom changes daily and is priced to move," states Mary Peterson, Director of Good Samaritan Food Pantry/Resale Shop, an affiliate of the Furniture & More store in downtown Ellsworth. "We offer a wide variety of very nice quality furniture, home décor accessories and appliances, and the proceeds from the sales are utilized to help our Food Pantry serve area families in

The approximately 1,800 square foot Good Samaritan Furniture & More showroom is located at 6517 Center

Street in Ellsworth, and opened their doors about four years ago. Since 1990, Good Samaritan Family Services has been helping area families in times of need through a diverse offering of services, including a Food Pantry, guidance for new mothers, providing clothing, coats and shoes, assistance with home heating, and more. The Furniture & More showroom, managed by Evie Snyder, helps to support the Good Samaritan Family Services mis-

Peterson notes, "This is a great place to shop and browse for items for the home or cottage. We are located in a beauti-

ful, original building in downtown Ellsworth that was home to the Shooks Market for many years. People enjoy the ambience of the showroom, with vintage wood flooring and several living area vignettes we have set up. While we have a wide variety of items on display, and if there is something in particular a shopper is looking for that we don't currently have, we will put them on a waiting list and give them a call when an item that fits their needs comes in."

The showroom is full of gently used sofas. chairs, tables, dressers, beds, lamps, pictures, household nick-knacks... just about anything

imaginable to furnish or decorate the home. The items are donated by local individuals and businesses, and donations are accepted during normal business hours.

The Good Samaritan Furniture & More Showroom is located on Center Street in Ellsworth diagonally across from the Front Porch Café. The shop is open from 10 am to 4 pm Tuesday through Friday, and from 10 am until 2 pm on Saturday. For further information, call the showroom at (231) 676-3339 or visit www.thegoodsam.org.



The approximately 1,800 square foot Good Samaritan Furniture & More showroom at 6517 Center Street in Ellsworth is full of gently used sofas, chairs, tables, dressers, beds, lamps, pictures, household nick-knacks...just about anything imaginable to furnish or decorate the home. PHOTO BY DAVE BARAGREY SR.



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we're sure to have something you've been looking for. 6517 CENTER STREET,

ELLSWORTH Located on Main Street in Ellsworth. We offer sofas, tables and chairs, end tables, lamps and more! All the proceeds benefit the Good Samaritan Food Pantry.

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Northern Michigan Treasure Hunter's Guide to area antique, consignment,

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ELLSWORTH

Good Samaritan Furniture & More Store

6517 Center St., Downtown Ellsworth 231-588-2208 thegoodsam.org

ELLSWORTH

Good Samaritan 9746 Main Street. Ellsworth 231-588-2208 thegoodsam.org

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231-347-8440

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MIO

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231-348-3195 www.challengemtn.org

Goodwill

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News Briefs

ATWOOD, ELLSWORTH, EAST JORDAN, BOYNE FALLS Fall Color Cruise

Saturdays, Oct. 12 - 5th Annual Breezeway Fall Color

CHARLEVOIX

Adult Art Classes

Cal Kemppainen will be teaching an oil landscape painting class at the Charlevoix Circle of Arts on October 10 and 11 from 5:00 to 9:00 pm. Cal is the winner of the 2013 Venetian Painting contest and recent entry in ArtPrize in Grand Rapids. A list of all supplies may be obtained by calling 231.547.3554

www.charlevoixcircle.org. The Cost of the class is \$100 without supplies. With supplies

EAST JORDAN

Need a meal, Need a coat

On October 11. from 5PM to 7PM, the East Jordan United Methodist Church is having "Need a Meal, Need a Coat, or both" The church collected coats from the congregation last Palm Sunday, and we want to offer these coats to those who are in need in East Jordan area. The church is located at 201 4th St. Folks can enter on Esterly St into dining hall.

BOYNE CITY

Young Americans workshops

Students in grades 3 through 12 can participate in a three-day Young Americans workshop if they sign up by Oct. 11. The workshops will be held Sunday, Oct. 13 from 2-6 p.m. and Monday, Oct. 14 from 8 a.m. - 6 p.m. Then it's showtime - Tuesday, Oct. 15 from 2:15 - 6 p.m. Registration forms available in all Boyne City school offices or register online at www.youngamericans.org. Cost for the workshop is \$59 (which includes tshirt) and \$49 each if two or more students from the same family are registered. Partial scholarships available.

AIWOOD

Rummage sale

Atwood Christian Reformed Church will be holding its Annual Rummage Sale on Friday. October 11 from 9 to 6 and Saturday, October 12 from 9 to 2 at the church. Household Goods, Furniture, Clothes, Produce, Baked Goods and much more will be offered. The Church is located on US-31, 10 miles south of Charlevoix in Atwood the Adorable. Proceeds will go toward the church's ministry and the building fund. Call 231-599-3290 for more details.

BOYNE CITY

Grand Northern Opry

The Grand Northern Opry returns to the Boyne City High School Performing Arts Center at 7 p.m. Saturday, Oct. 12. Performers include the Front Porch Pickers Traveling Band, The Harmelings, Finding Eden, the Dipsy Chicks, Kellly Shively and Norm Hausler, Luanne Reed, Jack Garringer, El Genius, Don Judd, Ruby John and Lee Cloyd. Advance tickets by Oct. 4 are \$12 for adults and \$8 for students, available at the Boyne Chamnber, Country Now & Then/Up the Lazy River, or by calling 231-535-2640. Tickets after Oct. 4 and at the door are \$15 and \$10.

CHARLEVOIX Chili Cookoff

are joining in all the activities during Applefest. 7 of Charlevoix's favorite Restaurants will vie for the title of BEST CHILI IN TOWN. You be the Judge event will take place on Saturday, October 12 from 11:30am to 2:30pm 1 block from the Applefest at the United Methodist Church. (Corner of Clinton and State Street) Restaurants include (in random order) Shanahan's Prime, Weathervane, Scovies, Harbor View, Grey Gables and Edgewater Bistro. This Chili Extravaganza is only \$6.50 a person. You will receive a voting

ballot, a taste of all of the

free. Last year we had a great

turn out. Don't miss out this

year. Come join in all the fun and great food that is always

a part of The Charlevoix Chili

For the 8th annual

Charlevoix Chili Cook Off, we

Restaurants entries of Chili, onion and cheese toppings, sour cream, crackers, corn bread muffins, ice cream and a beverage. Homemade pies by the slice for an extra price along with whole pies will be for sale from the ladies of the urday, October 19th. Beautiful United Methodist Women. views of Lake Charlevoix and the Jordan Valley. Macaroni and Cheese for the children will also be offered

CHARLEVOIX

Back porch music

Our next Back Porch music

Cookoff. This year promises to be even bigger than ever. See you there. Charlevoix United Methodist Church - 104

CHARLEVOIX

Apple Fest

Fall is in the air, which means that northern Michigan orchards are busy harvesting bushels of fresh, ripe apples in preparation for the 35th Annual Apple Festival taking place downtown Charlevoix on October 11-13. Apples are Michigan's largest and most valuable fruit crop and this year our area apple trees are full to overflowing.

Apples & Goodies Galore: More than 30 types of apples will be on hand as well as other fall harvest items including pumpkins, mums, squash, jam, honey, maple syrup, pies, cider and more. Warm up with hot food items such as hot dogs, soup, frites, pasties, apple flappers, and kielbasa provided by local non-profit organizations.

Art & Craft Show: You won't want to miss the holiday art & craft show in East Park featuring 125 exhibitor booths.

Children's Activities: Head one block north to Bridge Park for the children's activities including face painting by the Charlevoix High School Art and Performing Arts Departments, pony rides by Liberty Valley Ranch, and a petting zoo hosted by the Charlevoix County 4-H.

Apple Fest Shirts: Be sure to purchase your 2013 Apple Fest Shirt designed by Elizabeth (Ellie) Way who was the winner of this year's shirt design contest hosted by the Charlevoix High School Design Class.

Prayer Canvas: Charlevoix was selected as one of the cities to be represented on the Prayer Canvas as it makes its way across America. The Prayer Canvas is a grass-roots project to honor the Boston Marathon bombing victims and survivors. The public is invited to write a message, symbol, name or paint a picture on the canvas which will be in the park during Apple Fest weekend.

Kiwanis Fun Run: The Apple Fest Family Fun Run is Saturday morning. The 1 mile starts at 9am; 5k starts at 9:20am. The races will not be timed and there will be obstacles along the course. The event is sponsored by Charlevoix State Bank and promises goodies, prizes and lots of fun for everyone. Find out more at www.charlevoixkiwanis.org.

CHARLEVOIX

Wojan Job Fair & Open House

Saturday, October 12th from 10am-2pm. Wojan Window & Door will be hosting a job fair and open house in conjunction with the Northwest Michigan Works! office on Saturday October 12th from 10am to 2pm. We welcome not only job seekers, but the general public as well, to enjoy lunch and a tour of our facility. In business for over 60 years, Wojan is a nationwide supplier of commercial windows located at 217 Stover Road in Charlevoix. We are a growing company, rich with opportunities and hiring! Join our team of great window makers! Questions in advance of the event can be directed to Wojan's Marketing and HR Coordinator, Jill Harrell, at jharrell@wojan.com.

CHARLEVOIX **Michigan Instrument Show Opening Reception**

Saturday, October 12 from 5:30-7:30pm The "Michigan Melody" Exhibit opens at the Circle of Arts on October 12 at 5:30 pm. A wonderful display of musical instruments and performances. The show also includes art paintings with a musical thought to them. The opening reception also includes music by the Pistil Whips. Rebecca Glotfelty is the curator. This is a unique and exciting new exhibit and we cordially invite you to join us. visit www.charlevoixcircle.org for details and to learn more about "Meet The Mak-

EAST JORDAN Fall Color Tour Plane Rides

Departing from East Jordan Airport on M-32, Saturday, October 12th from 10:00 AM to 2:00 PM. Cost is \$20.00 per person. Sponsored by Island Airways in partnership with East Jordan Rotary. Rain date: Sat-

event will be Saturday, October 12 at 7 p.m., featuring Louan Lechler! Donations at the door (\$5 - \$10 suggested) are all for the scheduled performer. Soups, coffee, cookies available at no additional charge. The Back Porch music evening is held at the Charlevoix Senior Center building, corner of Carpenter and Norwood streets- an accessible facility. All ages are welcome!

WALLOON LAKE

Camp Daggett Fall Festival The Fall Festival is back at beautiful Camp Daggett on Walloon Lake, Sunday, October 13 from Noon to 5pm. Fall is the perfect time to visit Camp Daggett. The fall colors surrounding Walloon Lake are beautiful, and families can enjoy outdoor activities then return to the main lodge to warm up by the fireplace. Open to the public, this event offers new visitors a chance to see the Camp in its fall glory, and former campers a chance to share their stories. There is a \$5 per car/truck entrance fee. Directions are available at www.campdaggett.org. For more infor-

CHARLEVOIX

mation, call 231-347-9742.

Instrument makers

Celebrating Instrument Makers of Michigan and The Joy of Music Through Fine Art. Opening Reception with music by the Pistil Whips, 5:30 - 7:30pm Saturday, October 12 at the Circle of Arts, 109 Clinton St. (\$10 tickets are good for Sunday's Meet the Makers presentations). The Pistil Whips of Boyne City, skillfully combine the styles of funk, blues, and jazz to make a sound all their own. Eric Dane Jaqua (Formerly of Hipps N Ricco) on Farmer Foot Drums, guitar, and vocals. Will Love on sax, clarinet, & beatbox flute.

Meet the Makers. Participants Share Their Expertise -\$3 donation. 1-5pmSunday, Oc-

tober 13. 1:00-2:15 Don Julin - Mandolin for Dummies Performance/Lecture/Book Signing. Don Julin, author of the best selling "Mandolin For Dummies" (Wiley 2012) has developed a reputation for being one of the most eclectic mandolin players/teachers on the scene today. His original compositions have been used on many network and cable television programs. Don has presented mandolin workshops and master classes across the country. In addition, Don maintains busy gigging/touring schedule playing extreme bluegrass with

Billy Strings. 2:30-3:00 Bryan Galloup -Custom Guitar Design & Purchasing a Hand-Built Guitar. A luthier and musician for 35 years, Galloup operates the Galloup School of Lutherie in Big Rapids. His mission is to create the finest quality instrument, with beauty and tone exactly suited to the performer.

3:10-3:40 Lennie Chambers - The Classical & Jazz Guitar. Chamber's decided to turn all of his energy into perfecting his classical guitars when his daughter entered the Peabody Conservatory to continue her classical guitar studies. He explains the special characteristics of this instrument.

3:50-4:20 Mike Sanderson -All Things Dulcimer. Harbor Springs resident, Mike Sanderson will talk about the history of the mountain dulcimer as well as the construction process.

Participating Instrument Makers: Violins: Scott Tribby, William Belote; Mountain Dulcimers: Mike Sanderson, Doug Berch; Folk Instruments: John

Folkertsma, John Riggs; Drums: Chester Winowiecki, Gerren Young; Farmer Foot Drum: Pete Farmer; Harpsichord: Bob Pattengale; Banjos: Terry Bell; Guitars: Bryan Galloup, Lennie Chambers. Sven Gonstead, James Howard; Wood Flutes: Matt James Koontz; Mandolins: Michael Kemnitzer.

Participating Fine Artists (Contributing to the Main Gallery and Gift Shop) John Goss, Margie Guyot, Peggy Kerwan, WanChuan Kessler, Diane Mittenthal, Jeannie Putnam, Lindy Bishop, Barbary Murphy, Delilah Smith, Lori Feldpausch, Eva Flower, Bev Eby, Anna Bier and Glenn

BOYNE CITY

Polka dance

Sunday, Oct. 13, 1-4pm. Free admission with a dish to pass. Fun, food, music provided by the Lucky Stars at the Boyne Area Senior Center, 411 Divi-

BOYNE CITY Leaf pickup

The City will pick up leaves Mondays and Fridays from October 14 - November 8. Please set bagged leaves curbside anytime after the first day of pick up, in clearly marked biodegradable paper bags. City crews will pick up bags as time allows. If your bags have been out for an extended period of time and have not been collected, please notify City Hall at 582-6597.

CHARLEVOIX

Congressional candidate Jerry Cannon to speak at library Oct. 15

The Progressive Women of Charlevoix County invite the public to join them for their Oct. 15 meeting to meet and hear Jerry Cannon, a Democrat who is running to represent Michigan's First Congressional District. He is a challenger to Republican Congressman Dan Benishek. The meeting will be in the Boyne District Library Community Room from noon to 2 p.m. Organizers say, attendees should "feel free to bring your lunch and your friends. This will be a great opportunity to meet Jerry and ask questions about his positions on the issues." The meeting will begin at noon and Cannon will begin speaking at 12:30. RSVP to progwomenchxcty@yahoo.com

BOYNE CITY

Handbell concert Handbell ensemble coming to Performing Arts Center

Oct. 18. The Agape Ringers,

of Directors.

EAST JORDAN

Chicago's premier handbell ensemble, will perform in concert at the Boyne City Performing Arts Center, 1025 Boyne Ave., at 7 p.m. Friday, Oct. 18. The concert is made possible by the Glasgow family of Water Street Café, and the concert will feature works by Michael J. Glasgow, an internationally known handbell composer and arranger. The Agape Ringers are noted for beautifully orchestrated presentations of entertaining and varied music. The 16 musicians have a collective ringing experience of over 430 years, and perform on 76 bronze Malmark handbells and 73 Malmark Choirchimes. You can learn more about The Agape Ringers on their website, Facebook and YouTube. Reserved and general admission tickets are available for \$16 and \$12 at Water Street Café. 113 Water St. For hours and ticket information, call (231) 582-9929.

BOYNE CITY Benefit for Free Clinic

The Boyne City Eagles is sponsoring a benefit to support the Clinic and help bring their building up to code on October 19 from 4 pm to 10 pm at the Boyne City Eagles Hall at 106 River Street, Boyne City, MI 49712. Donations will be accepted for pulled pork sandwiches, salads, baked beans and dessert. There will be both the Kowalske Family Band and TNT. A live auction as well as a 50/50 raffle will be held.

EAST JORDAN Pumpkin Festival

Saturday, Oct. 19 - 4th Annual Pumpkin Festival - Featuring "Full Circle" from 1:00 PM - 4:00 PM in the bandshell (sponsored by EJ Plastics, Inc.), Twister Joe Sponsored by Charlevoix State Bank, Pumpkin Pie Contest by Save-A-Lot of East Jordan.

EAST JORDAN Craft Show

Leaf Peekers Craft Show

October 19, 10am - 5pm. East Jordan Civic Center & Main Street

CHARLEVOIX **Biz Breakfast**

Please join us for a special Biz Breakfast at 7:30am on October 25th at Grey Gables. Receive transportation information and updates presented by members of the MDOT Board of Directors and MBA Board



Halloween Costume Party Saturday, Oct. 26

Prizes, Games & Karaoke

Booking Christmas Parties Now

Open Daily At 4:30 p.m. - Early Bird Specials Sun.-Thurs. 4:30-6 p.n (989) 786–4600 • Lewiston, Michigan Located at the corner of County Rd. 489 & 612 www.theredwoodsteakhouse.com

WANTED: PJ's

Accepting donations of new and gently used warm sleepwear for foster children in our immediate area. September 25 - October 31. Ages 4-16 years of age. Drop off sites will be Charlevoix State Bank, Sunnyside Up Tanning Salon, Presbyterian Church, Lighthouse Missionary Church.

BOYNE FALLS

Haunted house

The Nightmare takes place every Friday and Saturday in October from 7-10pm at Challenge Mountain Lodge, 2205 N. Springbrook Rd. Adults, \$10. Children 2 for \$5. Lots of scary stuff and family friendly.

EAST JORDAN

East Jordan Remembers 2

A project is now underway to compile a second collection of historical remembrances of East Jordan. Tentative plans are to publish this second volume in spring 2014 in the form of an interesting and educational book that would be illustrated with many photos. The committee coordinating this project is currently soliciting stories and photos for the book and has issued an open invitation to anyone who would like to contribute. Of particular interest is the Tourist Park/Camp and Sportsman's Park: Charlevoix Co. Fairgrounds; the pickle, cigar and gum factories; Canners independent basketball team; and East Jordan Airport. The deadline for all stories and photos is November 1, 2013. Stories and photos can be sent to East Jordan Historical Society, PO Box 1355, East Jordan MI 49727. Questions can be referred to Agnes Clark, chairperson, 231-536-2163.

CHARLEVOIX **Family Music Day**

Saturday, Nov., 2, 1:00-

5:00pm. \$5 per person/\$15 family. Instrument-making & beginner ukulele lessons. At the Circle of Arts

MICHIGAN **Daylight Savings Time Ends on** Nov. 3. Fall Back One Hour

CHARLEVOIX

Songwriter Workshop with John D. Lamb Saturday, November 30, 2:00-4:00pm, \$45. Register by November 9. At the Circle of Arts

EAST JORDAN **Gun raffle**

The East Jordan Lions Club will be holding their Gun Raffle again this year. 1st Prize is a Remington 783 - .270 and 2nd Prize is a Remington 783-30.06. Buy Tickets at East Jordan True Value, Bruce's Barbershop, Parts Plus, EJ or from any Lions Club Member. Tickets \$5 each or 3 for \$10. Drawing to be held November 11

CHARLEVOIX

BASES Community Education Series

2nd Wednesday's - October thru April from 6:30-7:30pm (no charge for these presentation or materials) All presentations conducted at BASES Teen Center. Topics include: Developmental Model of Recovery / Relapse, Relationships in Recovery, Emerging Drug Trends, Dealing with Other Addictions in Recovery, Raising Drug Free Kids, Young People in Recovery, Brain Training for Addiction Recovery. Attend one or all, no preregistration required, call (231) 547-1144 for more information.



ONLINE AT WWW.CHARLEVOIXCOUNTYNEWS.COM

Great Lakes Shipwrecks at the Charlevoix Public Library

The Charlevoix Public Library is pleased to announce the schedule for their fall lecture series focusing on Great Lakes Shipwrecks. The Shipwreck Series will be presented at 6:30 p.m. on Tuesday evenings beginning October 15, with Search for the Westmoreland, October 29 brings History Above and Below the Waves, and then concludes on November 12 with Michigan's Cutter Rescues. All programs will be hosted in the Community Room at the Library: 220 W. Clinton St., Charlevoix.

Search for the Westmoreland: Lake Michigan's Treasure Ship, October 15, will feature author/shipwreck hunter Ross Richardson. Ross will be exploring the legend, history and discovery of Lake Michigan's treasure shipwreck. On December 7, 1854, the Propeller Westmoreland foundered in deep water near Sleeping Bear Dunes, killing seventeen of her crew and passengers. Soon after the passenger steamer's sinking, rumors began circulating of \$10,000 in gold coins in her safe and 280 barrels of whiskey in her hold. For the next 150 years the Westmoreland was one of the most sought-after shipwrecks in all the Great Lakes, eluding salvagers,

treasure-hunters and divers alike.

History above and below the Waves: Thunder Bay National Marine Sanctuary, October 29, features Jeff Gray, Sanctuary Superintendent, for an evening exploring the maritime heritage of Thunder Bay. Located in northwestern Lake Huron, Thunder Bay is adjacent to one of the most treacherous stretches of water within the Great Lakes system.



Unpredictable weather, murky fog banks, sudden gales, and rocky shoals earned the area the name "Shipwreck Alley." Today, the 448-square-mile Thunder Bay National Marine Sanctuary protects one of America's best-preserved and nationally-significant collections of shipwrecks. Hear the stories of these shipwrecks and their important recreational and educational role in the community.

Michigan's Cutter Rescues, November 12, will feature Ric Mixter who will highlight the stories of the Escanaba, Mackinac, Hollyhock, and Sundew. Ric will provide an incredible trib-

ute to powerful cutters that protect our inland seas. Ric was invited to break out the Soo Locks aboard the Mighty Mac and also toured on the Sundew during its final winter run near Duluth. This lecture also chronicles the amazing rescues of the shipwrecks Cedarville, Nordmeer, Henry Cort, and Carl D. Bradley, including never-before-seen newsreel footage.

For more information about the Shipwreck Series or other events at the Charlevoix Library, contact the Information Desk at 231-237-7340 or visit them online at www.charlevoixlibrary.org.

Camp Daggett Fall Festival

The Fall Festival is back at beautiful Camp Daggett on Walloon Lake, Sunday, October 13 from noon to 5:00 p.m. Fall is the perfect time to visit Camp Daggett. The fall colors surrounding Walloon Lake are beautiful, and families can enjoy outdoor activities then return to the main lodge to warm up by the fireplace. Open to the public, this event offers new visitors a chance to see the Camp in its fall glory, and former campers a chance to share their stories.

Enjoy activities like Pumpkin Painting/Stone Painting, Face Painting, Caramel Apples, Kids Crafts, Group Initiatives and Team Building Games, Hay Rides, History Tours of Camp, Live Music at the fire pit provided by JUSTDUIT, Nature Hikes, Boat Color Tour on Walloon Lake, Cider and Doughnuts in the main lodge, Hotdogs available for \$1.

There is a \$5 per carload entrance fee. Directions are available at . For more information, call .





Bridge the Gap host, Chris Bashinelli, to speak

North Central Michigan College's 2013-2014 Lecture Series opens with a thought-provoking and entertaining presentation by Chris Bashinelli, founder and host of Bridge the Gap TV. The event will be held on Wednesday, October 16 at 7 p.m. in North Central's Student and Community Resource Center gymnasium on the Petoskey campus. This lecture is free and open to the public. Doors open at 6:15 p.m.

Chris Bashinelli will take the audience on a global adventure and answer the question, "What is it really like to walk in someone else's shoes?" Chris will share inspirational stories of life from around the world and talk about his journey to find his role in humanity.

Considered one of the most inspiring new voices on TV, Chris will offer new, enriching perspectives on regions of the world normally portrayed in a negative light in the media and inspire attendees to bridge the gap between people and cultures.

Chris Bashinelli was born and raised in Brooklyn, New York. After an acting career including a role on The Sopranos (HBO), Chris decided to follow his real passionusing media to bridge intercultural gaps worldwide- so he traveled to East Africa. He now traverses the globe from Tanzania to Abu Dhabi as host of Bridge the Gap, a new series featured on PBS. He is a United Nations moderator, an international speaker (TEDx), a writer for award-winning publications like Lonely Planet, an Eagle Scout and a National Geographic Young Explorers grantee. He's interviewed some of Time Magazine's 100 Most Influential People, and at 25 years old, has become the United Nation's go-to-kid for all things youth.

Admission is free, but tickets are required. Tickets are available at the North Central Michigan College Student Services office, fitness office and bookstore on the Petoskey campus and at the college's Gaylord and Cheboygan offices. For more information, call North Central Michigan College



Charlevoix Photography Club announces winner of the People's Choice Award

CHARLEVOIX - The Charlevoix Photography Club today announced the winner of the People's Choice Award for the Fifth Annual Photography Show at the Charlevoix Circle of Arts. The People's Choice Award was introduced two years ago to let visitors to the gallery express their own opinions about which entry was the best. This year the voting was only by people who visited the gallery to see the show and 228 votes were cast. Of the

146 entries, 81 images received votes, 13 received 5 or more votes, two received 10 votes and the winning image received 17 votes. "This diversity in the voting," said Brice Voran, a member of the Coordinating Committee, "indicates the great depth of artistic talent that was in the show. Comments on the ballots indicated that visitors found it difficult to choose one image to vote for. We think that the voting for the People's Choice Award en-

hances visitors' enjoyment of the art we presented."

of the art we presented."
This year's winner of the People's Choice Award is Gary Gee for his entry entitled "Morning's Spell." "Although the visitors did not agree with the Juror's selection as best of show," said Voran, "they did agree about the artist. Gary's "Detroit Flyby" was chosen Best of Show by the Juror, Paul Retherford."





CHARLEVOIX APPLEFEST

continued from page 1

runners can register online at or find out more at . And of course bushels and bushels of apples including newly introduced varieties like Zestars, Candycrisp, Crimson crisp, and Dandee Reds along with traditional Galas, Cortlands, and Empires to name a few, will line Bridge Street. So, in the words of American romantic poet, journalist, and long-time editor of the New York Evening Post, William Cullen Bryant, come and enjoy "Autumn...the year's last, loveliest smile," at the Charlevoix Apple Fest.

Health & Wellness

October is Breast Cancer Awareness Month

By Heather DeLong

Each of us has probably known someone with breast cancer or has heard a story of the terrifying outcome of a patient once diagnosed with breast cancer. We have been touched by the loved ones in our communities who lost their lives amid their battles to beat it, and those who survived are some of the toughest individuals we know.

October is Breast Cancer Awareness Month, reminding us each year to detect early signs, help in the research to find a cure, and give hope to those who've discovered they have the disease. Since 1982, Komen has played a critical role in turning breast cancer patients into breast cancer survivors:

- More early detection and effective treatment: 70% of women 40 and older receive regular mammograms, the single most

effective screening tool to find breast cancer early. Since 1990, mammograms have assisted in a 33% decline in breast cancer mortality in the U.S.

- More hope: In 1980, the 5-year relative survival rate for women diagnosed with early stage breast cancer was about 74%. Today it's

- More research: The federal government devotes more than \$850 million each year to breast cancer research, treatment and prevention compared to \$30 million in 1982.

- More survivors: Currently, there are about three million breast cancer survivors, the largest group of cancer survivors in the U.S.

Although the statistics are enlightening, not everyone is lucky enough to make an early detection or beat breast cancer. There are ways that you can contribute to ending breast cancer deaths,



October is Breast Cancer Awareness Month, reminding us each year to detect early signs, help in the research to find a cure, and give hope to those who've discovered they have the disease. PHOTO COURTESY OF W5.KOMEN.ORG

including keeping up with your own self-awareness of this deadly disease by knowing your body and signs that it's changing.

It's important to know if you're at risk for getting breast cancer. Consult with both sides of your family to find out if there is a history of it in your family. You also want to talk with your healthcare provider about your personal risks.

Second to skin cancer, breast

cancer is the next most common cancer found in women. Most cases can be successfully treated if you take precaution:

- Get Screened: Talk with your doctor about which screening tests are right for you if you are at a higher risk. Have a mammogram every year starting at age 40 if you are at average risk. Have a clinical breast exam at least every three years starting at age 20, and every year starting at age 40. You can sign up for a screening reminder at www.komen.org/reminder.

- Know what is normal for you: See your health care provider if you notice any of these breast changes: lump, hard knot or thickening inside the breast or underarm area; swelling, warmth, redness or darkening of the breast; change in the size or shape of the breast; dimpling or puckering of the skin; itchy, scaly, sore or rash on the nipple;

pulling in of your nipple or other parts of the breast; nipple discharge that starts suddenly; new pain in one spot that doesn't go

- Finally, make healthy lifestyle choices: Maintain a healthy weight, add exercise into your routine, limit alcohol intake, limit menopausal hormone use, and breastfeed if you can.

Get involved in your own health this month-woman or man-and become aware of the threats to your body: the only body you're given.

Research gathered from Susan G. Komen for the Cure. To find more information about breast cancer detection, visit your local health care provider or go to ww5.komen.org.

*To contact Heather DeLong for any comments, questions or concerns, she can be reached at heather@weeklychoice.com.



Mental Illness Impacts Everyone

By Deb Hagen-Foley

The week of October 6 is Mental Illness Awareness Week. Approximately 61.5 million Americans experience mental illness annually. That equates to 1 in 4 adults. Estimates are that one in 17 have a serious mental illness, such as schizophrenia, major depression or bipolar disor-

The numbers are nearly as staggering for those under age 18. Approximately 20 percent of those 13 to 18 and 13 percent of 8 to 15 year-olds experience severe mental illness annually. It is estimated that by 2020, Major Depressive illness will be the leading cause of disability for women and children. If one in four Americans experience mental illness directly and their families and friends experience mental illness indirectly, nearly everyone has been impacted by mental illness in some form.

Many of the millions with severe mental illness are untreated. Approximately 60 percent of adults and nearly half of the youth ages 8 to 15 with a mental illness received no mental health services in the past year. According to the National Alliance on Mental Illness, half of all chronic mental illness begins by the age of 14 and three-quarters by the age of 24. These are persons in the prime of the lives. However, there are often long delays, even decades, between initial symptoms and when people get help.

Mental illness is costly, to individuals, families, and society at large. Serious mental illness costs America more than \$190 billion in lost earnings each year. Mood disorders, such as depression, are the third most common cause of hospitalization in the US for those between the ages of 18

and 44.

Students age 14 and older with mental illness who are served by special education have the highest high school dropout rate of any disability group, over 50 percent. Suicide is the third leading cause of death for those aged 15 to 24. More than 90 percent of those who die by suicide had one or more mental disorders. Veterans are overrepresented among those committing suicide. About 1 in 5 of those committing suicide are veterans, although less than one percent of the population is military members. Every day, about 18 veterans die as the result of suicide.

Many of those with mental illness can experience substantial reduction of symptoms through appropriate treatment. Mental illness is often the result of a chemical imbalance, which can often be corrected. It is impor-

tant to get treatment at the earliest signs of mental illness. Between 70 and 90 percent of those who receive treatment experience a significant reduction of symptoms and an improved quality of life.

Non-treatment can results in more serious issues. In addition to suicidal behavior and inability to maintain employment, persons with mental illness are overrepresented homeless shelters, prisons and juvenile justice systems. Approximately 26 percent of adults in homeless shelters have a serious mental illness, 20% of state prisoners and 21% of local jail prisoners have a recent history of mental illness, and 70% of youth in juvenile justice systems have at least one mental health condition.

Often, the stigma of having a mental illness prevents persons from seeking treatment. Individuals may attempt to self medicate, through alcohol or substance abuse. More than 9 million adults have both mental health and addiction disorders.

North County Community Mental Health serves the communities of Antrim, Charlevoix, Cheboygan, Kalkaska and Otsego. If you need help. contact them at: 1-800-834-3343. They also have a 24hour crisis line: 1-800-442-7315.

Dinner Benefits Boyne Area Free Clinic

Thanks to a generous donation from the Davern-Fochtman Trust, the Boyne Area Free Clinic now owns the building it is housed in. The Boyne Area Free Clinic is funded by donations that allow it to cover operating costs and wages. Now that the building is owned by the Free Clinic they can re-direct their rental funds to maintenance and building upgrades to bring the building up to code.

The Boyne City

Eagles is sponsoring a benefit to support the Clinic and help bring their building up to code on October 19, 2013 from 4 pm to 10 pm at the Boyne City Eagles Hall at 106 River Street, Boyne City, MI 49712. Donations will be accepted for pulled pork sandwiches, salads, baked beans and dessert. There will be both the Kowalske Family Band and TNT. A live auction as well as a 50/50 raffle will be held.





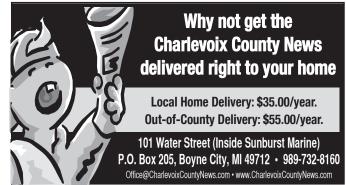


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Health

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www.sakswellnesscenter.com

COUNSELING

Cygnet Counseling Downtown Gaylord 989-731-1018 www.cvgnetfamilvcounseling.com

EYE CARE

Gaylord Eye Care Center 829 W. Main, Gaylord 989-732-6261

FITNESS FACILITY

Otsego County Sportsplex 1250 Gornick Ave., Gaylord 989-731-3546

Otsego County Community Center 315 S. Center, Gaylord 989-732-6521 www.otsegocountyparksrec.com

www.ocsportsplex.com

Saks Wellness Center 1447 S. Otsego, Gaylord

989-732-5200 www.sakswellne **Powerhouse Gym**

1044 W. Main, Gaylord 989-732-0744 www.gaylordsgym.com

HOLISTIC HEALTH

IHT Wellness Shop Nautilus fitness center (gym)

1140 gornick Ave., gaylord 231-360-1435 www.ihtwellnessshopgaylord.com

HOME HEALTH CARE Health Dept. of NW Michigan 220 W. Garfield, Charlevoix 231-547-6092 www.nwhealth.org

Northern Management Services 657 Chestnut Ct.. Gaylord 989-732-6374 www.northernmanagement.org

HOME HEALTH CARE

Hospice of Michigan 830 South Otsego Gaylord

HOSPITAL

HOSPICE

888-247-5701

www.hom.org

Mercy Hospital 1100 Michigan Ave., Grayling www.mercygrayling.com

Charlevoix Area Hospital 14700 Lake Shore Dr Charlevoix 231-547-8630 www.cah.org

HYPNOTHERAPY

DT Weber Hypnotherapy, LLC 611 North Center Ave. Gaylord 989.619.4395 www.DTWeberHypnotherapy.com

MASSAGE THERAPY

The Naturalist 1029 Gornick Ave., Gaylord 989-705-1451

To add your business contact your sales rep or E-Mail us at Office@CharlevoixCountyNews.com

Self Heal Massage/ **Body Work/Energy Medicine** Cathy Brink NCMP/AMTA Reiki Master/Teacher 1029 Gornick Ave. Alpine Suite #103 989-619-6282

MONUMENTS

Anger Monuments 7535 US 131, Mancelona 231-587-8433

NUTRITION & SUPPLEMENTS

General Nutrition Centers

1417 W. Main St., Pineridge Square Gaylord, MI 49735-1755 989-731-6363

IHT Wellness Shop

Nautilus fitness center (gym) 1140 gornick Ave., gaylord 989-448-4717 www.ihtwellnessshopgaylord.com

Jojo's Market 1459 S. Otsego

Gavlord 989-705-8500

Four Star Nutrition 604 W. Main, Gavlord 989-448-8618 www.fourstarnutrition.net

PHYSICAL THERAPY Jordan Valley

Rehabilitation Center 100 Main St # 9, East Jordan 231-536-1451

Boyne Rehabilitation Center 197 State St, Boyne City 231-582-6365

PODIATRIST Dr Tom DeKorte D.P.M.

Podiatric Physician & Surgeon 1404 Bridge St, Charlevoix, MI 1662 S Otsego Ave, Gaylord (989) 732-6565

SENIOR ASSISTANCE

Otsego County Commission on Aging 120 Grandview Blvd. Gaylord 989-732-1122

Crawford County Commission on Aging 308 Lawndale St., Grayling 989-348-8342

www.crawfordcoa.org

www.otsegocountycoa.org

Seniors Helping Seniors 221 E. Felshaw St., Gaylord 989-448-8323

www.seniorshelpingseniors.com/ northernmichigan



Charlevoix County Commission on Agil

"The mission of the Charlevoix County Commission on Aging is to provide the highest quality senior services in partnership with the community. We focus our efforts on advocacy and support for seniors and their caregivers by promoting health, wellness, and education to achieve a dignified and enriched quality of life."

218 W. GARFIELD ST., CHARLEVOIX, MI 49720

Phone: (231) 237-0103, Toll Free: (866) 428-5185 Fax: (231) 237-0105

Office Hours: Monday - Friday 9AM-5PM

COA BOARD

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LOCAL SENIOR CENTER CONTACT INFORMATION **Beaver Island Center:**

Ann Partridge 26215 Main St, BI, 49782 231-448-2022

Boyne Area Senior Center:

Terri Powers 411 E. Division, PO Box 964 Boyne City, MI 49712 Phone: 231-582-6682

Charlevoix Senior Center:

Nona Jadwin 06906 Norwood Road Charlevoix, MI 49720 Phone 231-547-5361

EJ Community Center

Brenda Skop 116 Main Street, East Jordan, MI 49727, Phone: 231-536-7831

THE COA OFFERS THE **FOLLOWING SERVICES:**

Congregate Meals Foot Care Management **Emergency Communication Devices** Home Delivered Meals **Homemaker Services** In-Home Respite Information & Referral Medicare D Counseling **Medication Management Personal Care Assistance** Project Lifesaver Senior Hi-Lites Newsletter Tax Assistance Volunteer Opportunities

WEBSITE ADDRESS:

www.charlevoixcounty.org/coa.asp

Director's Corner

I wanted to take this opportunity to introduce myself to all of the wonderful seniors in Charlevoix County. The past 4 months have been a whirlwind of activity and fun getting to know the seniors, the senior centers, the COA staff and so many others in the community. I have lived in Charlevoix for the past 11 years and have enjoyed every moment of it. I have 4 grown and married children and 6 wonderfully fun grandchildren with another one on the way. I love to sew, garden and go camping. I'm very excited to continue providing the best service that can be offered to the seniors of Charlevoix County and always enjoy your comments and suggestions. We are continuing to update and fill our newsletter with lots of information, activities, the menu for our meals and the activities at our centers.

– Best Wishes, Shirley

SAVE THE

Wednesday, Nov. 20th, **Thanksgiving Celebration!**

Wednesday Dec. 18th, **Christmas Celebration!**

POLKA DANCE

SUNDAY OCTOBER 13, 2013

1:00pm to 4:00pm

BOYNE AREA SENIOR CENTER

411 DIVISION ST BOYNE CITY, MI PH: 231 582 6682



MUSIC PROVIDED BY

"LUCKY STARS" HOMEMADE PIE SALE

Please bring a dish to share



KEEP THE DREAM ALIVE

Free admission with a dish to pass

BOYNE AREA SENIOR CENTER ACTIVITIES

Thursday, October 10 Wii Bowling

Friday, October 11 Foot Clinic 11am-12pm Don Judd

Monday, October 14 Bingo

Tuesday, October 15 Brown-Bag Bingo

Wednesday, October 16

Foot Clinic 10-11am Arthritis Foundation Exercise Program

Thursday, October 17 Wii Bowling

CHARLEVOIX SENIOR CENTER ACTIVITIES

Thursday, October 10 11am Chair Yoga Class 11am Roger Hartson 1pm Pinochle

Friday, October 11 9:30am Craft Class 1pm Rummy

Monday, October 14 1pm Wood Carving 7pm Bible Study

Tuesday, October 15 11am Chair Yoga Class 1pm Paint Class 1 pm Rummy

Wednesday, October 16 Odawa Casino Trip 1pm Bingo

Thursday, October 17 11am Chair Yoga Class 1pm Pinochle Back Porch Music

EAST JORDAN SENIOR CENTER ACTIVITIES

Thursday, October 10 Foot Clinic

KARAOKE DAY

Friday, October 11 10am EXERCISE 11am Tag-A-Longs Bingo/Raffle

Monday, October 14 Foot Clinic & BP! 8a-1p Walking M-F 10am EXERCISE

Tuesday, October 15 11am Line Dancing 12:30 Bingo

Wednesday, October 16 **GAME DAY** 10am EXERCISE

Thursday, October 17 KARAOKE DAY

CHARLEVOIX COUNTY SENIOR CENTER MENU

Thursday, October 10 SALISBURY STEAK

Friday, October 11 **BAKED FISH**

Monday, October 14 CHEESY MEATBALLS

Tuesday, October 15 **BEEF CHILI**

Wednesday, October 16 MACARONI & CHEESE

Thursday, October 17 COOK'S CHOICE

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ADULT FOSTER CARE Kevin and Marlene Robinson 01970 Valley View Road, Boyne Falls

231.549.2026 robinsonliving@gmail.com

County News

YOUR SOURCE FOR **LOCAL NEWS & SPORTS**

BOYNE CITY, CHARLEVOIX, EAST JORDAN, ELLSWORTH AND SURROUNDING AREAS

www.charlevoixcountynews.com

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Charlevoix County Transit System

HOURS OF OPERATION

6am-7pm Monday-Friday 9am-4pm on Saturday 231-582-6900



Boyne City

Charlevoix State Bank

www.CharlevoixStateBank.com

Your ONLY Hometown Community Bank.

CENTRAL

www.central-drug.com Charlevoix

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East Jordan